

Dear patient

Weight-loss medications slow down gastric emptying after a meal. During surgery under anaesthesia, taking these medications increases the risk of life-threatening complications – stomach contents entering the lungs can cause pneumonia and respiratory failure.

- **To prevent complications, the medicinal product should be discontinued in a timely manner.**
 - **Injectable medications – do not inject weight-loss drugs in the week leading up to your operation:**
 - semaglutide (Ozempic, Wegovy)
 - dulaglutide (Trulicity)
 - tirsepatide (Mounjaro).

Please note! The last dose may be injected eight days before the operation!

- **Oral medication – you may take your last pill on the day before the operation:**
 - semaglutide (Rybelsus)

-
- **It is very important to fast from food and drink for the required period before the operation.**
 - **On the day before the operation:**
 - **You are only allowed to eat in the morning;**
 - If the department offers lunch or dinner, please decline!
 - You are not allowed to drink dairy drinks, smoothies, or broth during the entire day;
 - **You are allowed to drink water** and sugary drinks: tea, black coffee, juice without pulp, and soft drinks. We recommend drinking more than usual!
 - **On the day of the operation:**
 - You must not eat!
 - **You are allowed to drink water until 6 a.m.** or, if the operation is not scheduled for the morning, up to two hours before the operation.
 - **When you arrive at the department, please inform the nurse that you are taking weight-loss medication.** Please bring this leaflet with you to the hospital!

-
- If necessary, the anaesthetist may prefer other methods of conscious sedation (regional anaesthesia, local anaesthesia) over general anaesthesia or if further tests (e.g. an ultrasound scan) reveal that your stomach is full, the operation may be postponed in the interests of your health.